

## Follow E/M coding guidelines for proper payment

Payment denials may occur when documentation doesn't support the claim

## **Evaluation and Management-specific tips**

- Patients with psychiatric diagnoses may receive a medical evaluation and management (E/M) service on the same day as a psychotherapy service by the same physician (or other qualified healthcare professional).
  - To report both E/M and psychotherapy, the two services must be significant and separately identifiable (within the same progress note is acceptable).
  - Documentation must support the add-on psychotherapy in addition to the E/M service.
- Time spent providing counseling and coordinating care may not be used to determine the level of E/M service when E/M is performed in addition to psychotherapy.
  - For psychiatrists and qualified health care professionals who provide E/M services along with psychotherapy, determine the appropriate E/M code by the level of the medical decision making (MDM).
  - To qualify for a level of MDM, two of the three elements for that level must be met or exceeded.
  - Do not base the selection of the E/M service on the number of diagnoses a patient has
    or the overall complexity of the patient's physical and psychiatric illnesses.
  - Simply listing current medications is not considered "prescription drug management."
- When billing, select codes that best represent the services rendered during the patient's visit.
  - o Ensure that the submitted claim accurately reflects the services provided.
  - Ensure that medical record documentation supports the level of service reported.
  - Do not use the volume of documentation (the amount written or carried over from previous visits) to determine which specific level of service to bill.

## **Documentation guidelines**

## Required for all behavioral healthcare services

- A complete and legible medical record.
- Medical record entries that are made on the date of service, and include the following for each encounter:
  - o Full name of member on each page, with exception of family therapy
  - Date of service on each page
  - Start and stop times, or total time of session for time-based codes
  - Descriptive documentation of therapeutic interventions

- o Patient progress and response to treatment
- Legible signature for each entry, which includes practitioner's first name, last name and credentials
- o Treatment plan that includes ongoing progress and progress to date, including:
  - Diagnosis revisions
  - Treatment changes
- HIPAA codes (both diagnosis and procedure) that are supported by the documentation presented in the medical record.

