

# Preauthorization requirements

## Health Partners Plan / Jefferson Health Plan CHIP and Exchange

The following levels of care require prior authorization:

### All levels of care including:

- Inpatient for behavioral health, substance use and detoxification
- Residential treatment for behavioral health and substance use
- Partial hospitalization for behavioral health and substance use
- Intensive outpatient for behavioral health and substance use
- Psychological testing
- Outpatient electroconvulsive therapy (ECT)
- Applied behavior analysis (ABA)
- Office-based opioid treatment (OBOT)
- Transcranial magnetic stimulation (TMS)

Providers may also submit records post-discharge for a medical necessity review.

Outpatient counseling and psychiatric services from a psychiatrist do not need preauthorization. Preauthorization is needed only when it is for one of the non-traditional outpatient services listed above.

For those times when preauthorization is required, it should be obtained before services begin. Preauthorization is also necessary for services to continue.

### When a provider asks Magellan Healthcare, Inc. (Magellan) to authorize services, the provider will complete an assessment and share information including:

- Diagnosis
- Current symptoms
- Events that led to an admission
- Thoughts of self-harm or harm to others
- Level of function and the impact on daily living
- Medical and behavioral health history
- Alcohol and/or drug use and any treatments
- Current medicines
- Treatment plan while getting care
- Discharge plans, including coordination of care with providers

**Once Magellan receives the clinical information from the provider, Magellan will use one of the following clinical care guidelines below to make a determination:**

- Magellan Healthcare proprietary guidelines
- MCG Guidelines®
- American Society of Addiction Medicine (ASAM) for substance-use disorder requests

Magellan will respond to the requesting provider based on the urgency of the request.

**If you have questions, please contact Magellan's Clinical Operations staff at:**

- Health Partners CHIP: 1-800-424-3702
- Health Partners/Jefferson Health Plan Exchange: 1-800-424-3706

