

# EAP services for first responders

Magellan Healthcare's EAP network supports the provision of EAP services to first responders.

### Who might be considered a first responder?

- A first responder is an employee of the state or local public agency who provides emergency response services including:
  - Law enforcement
  - o Firefighters
  - o Paramedics/EMS

#### **Common stressors**

- Late night shifts
- Long working hours
- Loss of a colleague(s)
- Mass casualty incidents
- Dealing with unruly/violent individuals
- Increased risk for alcohol or substance abuse
- Increased risk for depression, anxiety and post-traumatic stress disorder

## EAP providers must be contracted for the first responder network

Providers must be specifically contracted with Magellan for the EAP first responder network. Being in the network could increase your potential for EAP referrals from first responders.

#### **Questions?**

If you have questions about this information, contact NetworkInquiries@MagellanHealth.com.